

Pine Hills Girls Camp 2017 Workshop Descriptions

SPORTS/OUTDOORS

Basketball

Soccer

Volleyball

Boating: Canoeing, Kayaking, Aqua bikes

Paddle Boarding: Maintain an upright stance on your surfboard and use a paddle to propel yourself through the water. You must pass the “deep” swim test.

Horseback Riding

Swimming: Our swimming area is perfect for cooling off in the hot summer heat. Enjoy our diving boards and tower, blob and water toys.

High Ropes Course: Climb, scale, traverse the heights and then zip-line down for a fast finish

Pellet Guns

Archery

Flag Football

40 Ft Climbing Wall: Get harnessed in and tackle the different sides of this challenging climbing wall.

GaGa Ball: Try this fast paced, high-energy form of dodge ball for all ages and athletic abilities, played in an octagonal pit.

ARTS & CRAFTS

Hair Hysteria: Work with our trained stylists to create a look that is uniquely you!

Crafting at the Spotted Canary: Gather for contemporary crafting and create a stunning DIY project that you will definitely want to take home!

Sharpie Obsession: Sharpies galore to help you design your own mug or decorative ceramic tile.

Pine Hills Scrapbook 2017: Craft a wall hanging for your room using photos of your best camp memories.

Sketching: Learn the basics or perfect your talents as an artist by sketching the beauty of the outdoors.

Cool Jewels: Design and create your own jewelry using beads, hemp, and embroidery thread.

Watercolor Painting: Learn the basics or perfect your talents as an artist using the watercolor medium.

Photography: Learn how to take great pictures and capture some unforgettable camp memories! Bring a digital camera if you can.

New! Decoupage--Hard to Spell but Easy to Do! Express yourself using a variety of collage techniques and materials and make something amazing you'll want to take home .

Tie-Dyeing: Bring a white t-shirt, pillowcase, socks or something to tie-dye!

New! Cool Canvas Craft: Grab a blank canvas, decide on a favorite idea, and paint a one-of-a-kind work of art.

New! Stars in a Jar: Capture the wonders of the stars in the dark camp sky by creating your very own glow jar.

Clay Creations: Expand your tiny kingdom by creating tiny things out of clay.

New! Journal Art: Art journaling is for everyone, no special skills required! Learn how to put your thoughts, feelings, and inspirations into your prayer journal in a creative way.

New! The Art of Snail Mail: Hand craft your own beautiful stationery and then use it to tell your friends and family all about camp. You write it, we'll mail it!

New! Become a Be Love Revolution Blogger: Find your voice and inspire others by learning how to write for a blog. Workshop bloggers will have a chance to post their writing to the Be Love Revolution blog ([beloverevolution.com](http://belovereolution.com))

New! 10 Reasons to Paint Rocks: #artsy, #fun, #Be Love, #trendy, #gifts, #easy, #ecofriendly, #cutesy, #doodles, #message.

PERFORMANCE/EXTREME FUN

Broadway Revue: Learn a Broadway musical revue to perform at the famous PHC Talent Show.

Drama Queen: Develop your drama skills by participating in some intensive drama activities.

Jazz Dance: Learn a choreographed jazz dance for the PHC Talent Show.

That's How the Cookie Crumbles: Create award winning cookie masterpieces to share with the whole camp!

Singing With the Disney Stars: Get your vocal cords in shape for a musical PHC Disney debut.

Heaven's Kitchen: Grab some fresh ingredients from the PHC camp garden, stoke up the campfire, and cook up some tasty, healthy treats.

Pinehillzzercise: Join this fun and powerfully effective 47-minute total body workout. Our "trained instructors" will lead you in an unforgettable workshop as you dance yourself fit!

Ugandan Dancing: Join our resident experts from Uganda and learn some traditional Ugandan dances to perform at the PHC Talent Show!

New! You Too Can Uke: Join a Ukulele jam session, improve your skills, and perform as a group at the PHC talent show. (Bring your own ukulele if you have one!)

New! MasterChef Junior: The best bread is homemade! Learn the lost art of bread making and feast on your very own loaf at dinner.